



WESTVIEW YOUTH FOOTBALL CAMP REGISTRATION FORM

(Please Print)

Today's date:	Please fill out the form completely.	
PLAYER INFORMATION		
Player's Last name:	First:	Grade: <input type="checkbox"/> 5 th Grade <input type="checkbox"/> 6 th Grade <input type="checkbox"/> 7 th Grade <input type="checkbox"/> 8 th Grade
MEDICAL TREATMENT CONSENT & LIABILITY RELEASE		
I hereby authorize the Westview Football Camp Director and the camp staff to act for me according to their best judgement in any emergency situation requiring medical attention and hereby waive and release Westview Football, Westview Youth Football, the camp director and camp staff from any and all liability resulting from injuries or illness incurred by the above mentioned player while at this camp.		
<input type="checkbox"/> By checking this box and signing below, I agree to the terms of the Medical Treatment Release and the Liability Release.		
Signature:		Date:
Parent/Guardian Name :	Parent/Guardian Phone #:	Parent/Guardian Email:
Emergency Contact Name:		Emergency Contact Phone #:
CAMP INFORMATION		
<p>The Youth SAQ Camp prepares athletes for the High School Weight Room Program. Participants will learn proper technique and running form to increase overall athletic performance. They will develop balance, speed, quickness strength and ability to use all athletic components at once.</p> <ul style="list-style-type: none"> <li style="display: inline-block; width: 45%;">• Increase full range of motion (flexibility & injury prevention) <li style="display: inline-block; width: 45%;">• Develop quick recuperation following maximal effort <li style="display: inline-block; width: 45%;">• Gain strength/confidence <li style="display: inline-block; width: 45%;">• Body weight movements only with a focus on safety and injury prevention <li style="display: inline-block; width: 45%;">• Develop physical readiness for upcoming season <li style="display: inline-block; width: 45%;">• And most importantly... HAVE FUN! 		
Location Westview High School 4200 NW 185th Avenue Portland, OR 97229	Date June 20 – July 20, 2016 Time Mon. & Wed. 8:00 A.M. – 10:00 A.M.	What To Bring Water Bottle, Running Shoes, Dri-Fit Shirt, Great Attitude & Effort
<p>The Spring Tech Camp is for 8th grade youth and incoming freshman. This is a non-padded football camp. The camp will focus on fundamentals and 7 on 7 Install to enhance skills while learning program specifics to help players enter Westview HS with confidence. The camp encompasses skill positions on both Offense and Defense through individual tech sessions. It's then put into action with game situations via 7 on 7 identical to Varsity passing league. We didn't forget about our heavies where games are won. We will have Offensive and Defensive Line Tech sessions with specific verbiage and techniques to Westview HS.</p>		
Location Westview High School 4200 NW 185th Avenue Portland, OR 97229	Date June 6 – June 9, 2016 Time 5:00 P.M. – 6:00 P.M.	What To Bring Water Bottle, Running Shoes, Dri-Fit Shirt, Great Attitude & Effort
<p>Summer Camps and Fees: Please select the camp(s) you will be attending</p> <p><input type="checkbox"/> Youth SAQ Camp Fees 5th- 8th Grades June 20 – July 20, 2016 \$ 140.00</p> <p><input type="checkbox"/> Spring Tech Camp 8th & 9th Grades 6/6 – 6/9/2016 Free</p>		
<p>Camp T-Shirts</p> <p>All paid camps will provide campers with a camp t-shirt.</p> <p><input type="checkbox"/> Youth Small <input type="checkbox"/> Youth Medium <input type="checkbox"/> Youth Large <input type="checkbox"/> Adult Small <input type="checkbox"/> Adult Medium <input type="checkbox"/> Adult Large <input type="checkbox"/> Adult XL</p>		
PAYMENTS		
Please print the completed form and include the player's name on the check's memo line . Make checks payable to Westview Football and mail payments to: Westview High School Attention: Lenee Gower 4200 NW 185th Avenue Portland, OR 97229		
Please enter the total fees for the camp(s) in the box.		\$